



GET A KIT

☐ MAKE A PLAN ☐ STAY INFORMED

Collect these essential supplies to last at least 3 days for each family member.

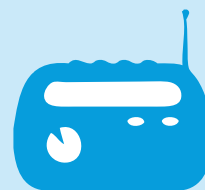


3 days of water and food that won't spoil and doesn't need electricity to prepare



1 gallon of water per person per day for drinking and hygiene

A battery-powered and/or hand-crank radio. Extra batteries.



A written family emergency plan

Additional items



Flashlights



First-aid kit, including a list of allergies, and extra contact lenses or glasses



A written list of prescriptions, the prescribing doctors and at least a week's supply of medications



Toilet paper, soap, plastic garbage bags and personal hygiene items



Special items for elderly or disabled family members



Pet information and supplies

**If you have to evacuate your home, take your emergency supply kit.
Try to stay with family or friends, in a hotel or motel, or public shelter.
For more information, visit www.ReadyVirginia.gov.**

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